Critical Listening and Feedback

ECE 3940 Megan O'Byrne – CLEAR 17 September 09

Preview

Listening Importance Process Improving listening Critical listening Active listening Feedback Giving feedback Handling Q&A

Barriers to Listening...



How We Listen

The average American: _ spends 50% - 80% of their day listening hears only 1/2 of what is said _ understands only 1/4 of what was heard uses about 25% of their listening capacity

What Can Effective Listening Do for You? Improve personal relationships Improve professional relationships Increase productivity Improve Grade Point Average Improve employment opportunities

The Listening Process Reception – biological receiving of waves Attention – focus on a stimulus Perception – screening process Assignment of Meaning - comprehending Response – internal or external

Listening Influencers



Message

Channel

Internal and External Variables
Memory and Time

Improve Your Desire to Listen

Recognize that the listener is responsible for at least 51% of the conversation

Suspend judgment

Be patient ...don't supply words

Avoid ego speak

Improve Your Listening Comprehension

Capitalize on thought speed...paraphrase internally
Visualize what you hear
Tune into the speaker's cues
Rate
Special words ("therefore" and "next")
Control distractions

Improve Your Listening Skills

Paraphrase what you heard to the speaker...and ask if you're correct
Ask questions
Ask for more detail on something not understood
Ask for more information to learn more

Maintain appropriate eye contact and body orientation

Use verbal encouragers

How to Listen Actively

Pay attention

Show that you are listening

Provide feedback

Defer judgment

Respond appropriately

How to Listen Critically

Be quiet Be focused Listen for concepts and ideas What are the main points What is NOT said Organize what you hear Make connections Listen for patterns, transitions Evaluate Evaluate evidence carefully

When is the best time to give feedback?

- When you are asked for it.

Using "I" language, specifically describe the behavior (positive or negative)

- "I noticed that your slides were inconsistent"
 "I remembered your personal story at the
- beginning"
- I feel like you were being condescending

Describe the result of the behavior (positive or negative)

- "I noticed that your slides were inconsistent and it made me confused."
- "I remembered your personal story and it was really engaging and made me listen closely"
- I feel like you were condescending and I don't really know what to do about that

Offer at least one suggestion for improvement

"Maybe you could proofread the slides as a group to maintain consistency"
"I hope you continue to use stories in your other speeches"

The 1-2-3

Using "I" language, specifically describe the behavior (positive or negative)

Describe the result of the behavior (positive or negative)

Offer at least one suggestion for improvement

Question and Answer

Listen to the question without interruption
Clarify the question
Acknowledge the questioner & repeat the question for the audience
If you have an answer, respond
If you don't

- Admit that you don't know but know where to start looking
- Ask the questioner to help you