## The "Human" Side of HCI: Human Factors Psychology and Assistive Technology

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#### Presentation Overview

- Three Parts
  - Overview of Human Factors Psychology
  - Primer in Cognitive Psychology
  - Introduction to Computer Access and Assistive Technology

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### What is Human Factors?

- The application of psychological principles to the design of human-machine systems.
- Human factors professionals develop models of human performance that can aid designers of human-machine systems.

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#### What is Human Factors? 2

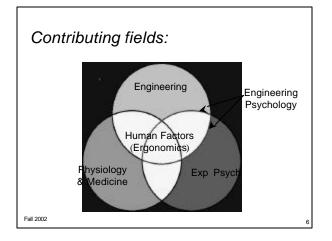
 Meister (1989): "The study of how humans accomplish work-related tasks in the context of human-machine system operation, and how behavioral and non-behavioral variables affect that accomplishment"

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#### What is Human Factors? 3

- Meister (1989):
  - "behavioral" refers to *psychological* constraints how do humans process information?
  - "non-behavioral" refers to *physical* constraints can a human physically work a control?
- Emphasis in Human Factors is on design how should a system be designed to accommodate a human operator?

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# How does Human Factors differ from Experimental Psychology?

- Experimental Psychology is the scientific study of mind, brain, and behavior
  - Why do humans think and behave the way they do?
- Human factors is the study of human behavior in the context of technological systems
  - How should we design a system to accommodate the way humans think and behave?

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### History of Human Factors

- WWI
  - Personnel Selection: psychometricians
- WWII and the genesis of Human Factors (or Engineering) Psychology
  - Personnel Selection continued to be emphasized "fit the man to the job"
  - Human Performance: experimental psychologists "fit the job to the man"

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### History of Human Factors 2

- Post WWII: Formal Human Factors research laboratories established
  - 1945: Air Force establishes the Aero Medical Research Laboratory - "engineering psychology"
  - 1945: Navy establishes psychological research units

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### History of Human Factors 3

- Post WWII: Formal Human Factors research laboratories established
  - 1951: US army establishes the Human Engineering Laboratory
  - Many military and civilian scientists return to universities and continue human factors research

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### History of Human Factors 4

- Applications emphasized during 1950s 1970s
  - Military Systems
  - Civilian aviation and manned spacecraft
  - Transportation systems
  - Process control and nuclear power
  - Safety

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### History of Human Factors 5

- Other applications emphasized since the mid-70s
  - Human-computer interaction (HCI)
  - Virtual Environments
  - Medical Systems

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# Why is Human Factors important to Computer Science?

 Human Factors psychology examines the capabilities of humans and how these constraints and abilities affect design.

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# Why is Human Factors important to Computer Science? 2

- Therefore, it is concerned with cognitive issues and research concerning humans' interpretation of stimuli and our abilities to deal with certain situations.
- The goal is to design systems with these capabilities and limitations in mind.

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# Human Factors applies principles of Cognitive Psychology:

- · Cognitive issues that must be considered:
  - Memory (span, retrieval, storage capacity)
  - Visual and auditory capabilities/interpretations
  - Attention capacity (selective, focused, divided)
  - Judgment of tones, size, loudness, brightness  $\,$
  - Interpretation of coding (traffic lights)

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Human Factors applies principles of Cognitive Psychology 2:

- Cognitive issues that must be considered:
  - Response time to stimuli
  - Problem solving abilities
  - Decision making
  - Language comprehension
  - Disabilities
  - Cognitive load

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# Applied Cognitive Psychology: Design Issues

- · Screen/font color
- Menus
- Form fill-ins
- · Special needs of users

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### Assistive Technology

- A.T. is any device or piece of equipment that helps us as we go about our daily lives.
- In some cases, computers can provide (or be) assistive technology, in other cases, users need assistive technology for their computers to increase usability.

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### Computer Access and Assistive Technology

- Goal is to fit the machine to the person (not vice versa!)
- Particularly relevant for people with disabilities – computers must be adapted for the use and needs of specific individuals

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## Human Considerations in Software Design

#### Consider 5 different users:

- 1. A University of Utah student trying to do research for an HCI paper on the Web.
- 2. An adult on April 13 using tax preparation software (such as Turbo Tax) at home.

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# Human Considerations in Software Design 2

#### Consider 5 different users:

- 3. A young woman with Cerebral Palsy who is typing a paper for a class.
- 4. A child playing a computer-video game.
- 5. An octogenarian grandparent sending email to faraway grandchildren.

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#### For More Information

Check out the WEB!

- Human Factors and Ergonomics Society: www.hfes.org
- Computer-Human Interaction (SIGCHI): www.sigchi.org
- Bobby: <a href="http://www.cast.org/bobby/">http://www.cast.org/bobby/</a>

#### For More Information 2

Check out the WEB!

- Accessibility: <u>www.w3.org/WA</u>I(Web Accessibility Initiative)
- Kids & Computers: www.hcibib.org/kids
- Microsoft Accessibility: <u>www.microsoft.com/enable</u>

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Questions....

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