

DisTrack refocus yourself



Problem

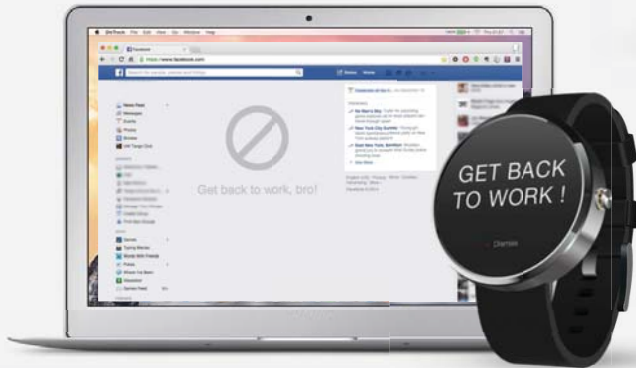
Students need to focus but are faced with too many distractions.

Solution

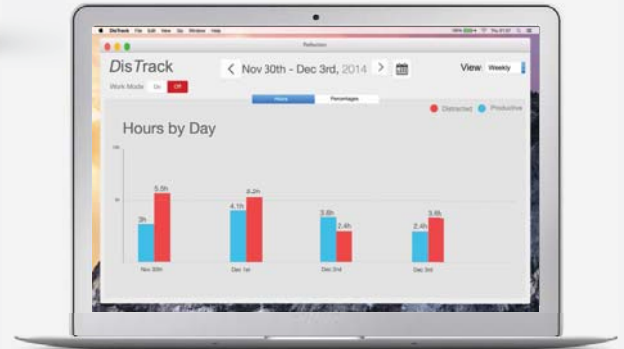
Record Productivity



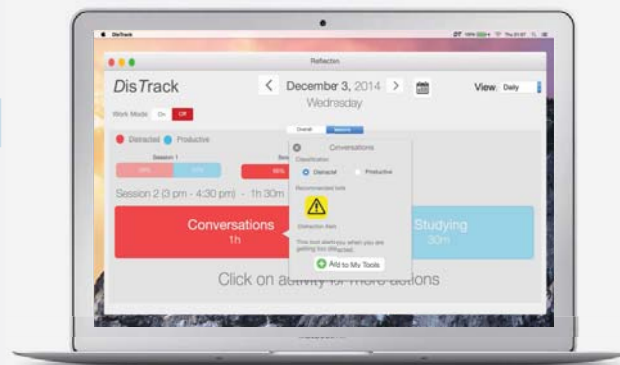
Apply Tools to Reduce Distractions



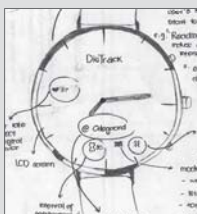
Reflect on Data



Find Tools to Reduce Distractions



Design Process



Contextual Inquiry & Sketches



Paper Prototype Iterations



Digital Mockup