

## The Compression Band & App For Tracking Physical Health

Band squeezes to indicate overexertion







Get health tips based on medical profile

## **Problem**

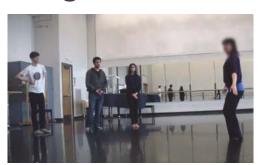
An athlete is at high risk for injuries, and injury prevention and rehabilitation are important concerns. In practice, it can be hard to pinpoint specific exercises that aggravate an injury or pose high risk.





Monitor activities causing overexertion

## **Design Discoveries**



Non-intrusive



Real-time feedback



History of activity and exertion



Band-it :